

# *Southwest Virginia Regional Jail Authority*

Stephen O. Clear  
Superintendent

Dwayne Lockhart  
Assistant Superintendent

Chad Kilgore  
Major

Post Office Box 280, Meadowview, Virginia 24361

Kaitlyn G. Allison  
COUNSELOR  
Direct Line: (276)739-3520  
Ext. 1036

Facsimile: (276)739-3535

Email: kallison@swvrja.com



09/12/2019

RE: Acknowledgement of Program Participation and Completion

To whom it may concern,

To this date, offender Adrian Jose Romero has been an active member within our facility by participating in the Anger Management class. This is an intense three week class that allows the individual to look at not only their relationships with others, but also themselves. The class is scheduled for graduation on September 18<sup>th</sup>, 2019. At that scheduled time offender Romero will receive a completion certificate and class credit. This class encompasses several difficult topics including the following; anger history, anger intensity, identifying your triggers, how you express anger, and the consequences that anger has had on different parts of your life. One of the biggest focuses for this class is to help those better understand their emotions that cause them to be angry, different activities to help reduce stress and anger in your life, how to better communicate with others, and tips on conflict resolution.

Identification Number:	10817645
Name:	Adrian Jose Romero
DOB:	11/15/1987
Current Location:	Southwest Virginia Regional Jail Authority – Abingdon, VA
Mailing Address:	P.O. Box 280 Meadowview, VA 24361

Please feel free to contact me if you have any further questions or concerns.

Respectfully,  
*Kaitlyn G. Allison*  
Kaitlyn G. Allison  
Counselor

# Anger Management

## Certificate of Completion

is hereby granted to:

**Adrian Romero**

September 4<sup>th</sup>, 2019 through September 18<sup>th</sup>, 2019

Granted: September 18<sup>th</sup>, 2019

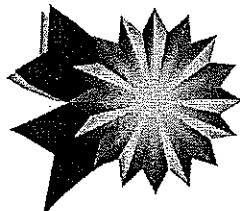
*J. Mullins*

Counselor Allison

Facilitator

Counselor Allison

Lieutenant Mullins



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07/23/2019

RE: Acknowledgement of Program Participation and Completion

To whom it may concern,

To this date, offender Adrian Romero has been an active member within our facility by attending and participating in the Productive Citizenship class. This class graduated on July 23<sup>rd</sup>, 2019. At that time Mr. Romero received a class completion certificate. This is an intense three week course that encompasses various skills that the individual has the opportunity to learn about. These include, but are not limited to the following; becoming a skilled problem-solver, logical and practical thinking, money management, reviewing our spending habits and behaviors, self-awareness, self-confidence, the difference between negative and positive emotions, time management, how to fill out a resume, and preparing for a job interview.

Identification Number:	10817645
Name:	Adrian Jose Romero
DOB:	11/15/1987
Current Location:	Southwest Virginia Regional Jail Authority – Abingdon, VA
Mailing Address:	P.O. Box 280 Meadowview, VA 24361

Please feel free to contact me if you have any further questions or concerns.

Respectfully,

*Kaitlyn G. Allison*  
Kaitlyn G. Allison  
Counselor

# Productive Citizenship

## Certificate of Completion

This certificate is hereby granted to:

**Adrian Romero**

July 2nd, 2019 through July 23rd, 2019

Granted: July 23rd, 2019

Facilitator  
Counselor Allison

Lieutenant Mullins

Facilitator

Counselor Allison

